With the Compliments
of

Mr Tse Tat Fung, Tommy

Editor: Sebastian Chan

Graphic Design: Lee Siu Chung, David (Sae See)

Contribution: La Salle College Class of 1984

Our Journey







#### FORM 1A

Top Row: Jack Chan; Brendan Lim; William Foo; Rex Tong; Marc Ho; Joseph Yuen; Donny Hu; Arthur Cho; Oliver Lam;

Henri Tran; Anthony Abdullah.

2nd Row: Li Chiao; Chow Sung Ming; Victor Sun; Alton Tran (Sports Captain); Edmund Ma; Li Sze Yeung; John Wong;

Philip Ng; Cary Barce; Tang Sin Lai; Peter Lau.

3rd Row: John Kam (Class Representative); Ignatius Lau; Paul Chiu; Albert Seet; Alan Ho; Conard Ng; Nara Hisashi;

Paul Lai; Allan Christian Willis; David Chen; Richard Cheong; Calvin Tam.

Bottom Row: Lam Hing Sang; Kenneth Ng; David Chim; Ernest Gregory Antonio (Head Prefect); Miss M. A. Gaggino (Form

Mistress); Roy Ma (Vice Prefect); James Wong; Bux Sheik; Stephen Yau.



(Left to Right)

2nd Row:

### FORM 1B

Top Row: Tsui Wai Yang, Edwin; Fung Chun Wah; Tse Kai Man; Lee King Man (Sports Captain); Kong Sui Wing; Sih Wai Kin, Daniel; Ho Hon Wah, Henry; Au Yeung Lok Tin; Tang Sing Yee, Samuel.

Yip Tak Kuen, Benny; Wong Tak Chuen; Hilton; Cheung Chi Wai, David; Mak Yun Kwong, Eric; Young Yuk

Man; Cheung Siu Yat, Sammy (Class Representative); Lee Wing Yee; Yip Sze Ki; Wong Tin Chu, Derek; Chow Wai Ming, Alan; Chan Yuk Fai; Ng Wing Hong, Anthony.

3rd Row: Tse Ngai Chiu, Archie; Hui Ka Kit, Simon; Chan Kwan Leung, Michael; Wat Ming Hing, Anthony; Leung Wing Lun; Chan Ming Lap; Cheung Lai Ton, Daniel: Lee Kwok Hung; Yau Wai Tung; Wet Viv Wing Mel Viv Wing

Lun; Chan Ming Lap; Cheung Lai Ton, Daniel; Lee Kwok Hung; Yau Wai Tung; Wat Yiu Wing; Mak Yiu Keung, Charles; Lee Wing Wai, William.

Bottom Row: Li Chi Fai; Lee Wing On; Yeung Kim Leuk, Edwin; Ng Man Chung, Michael (Vice Class Prefect); Mr. Peter Chiu (Form Master); Li Tak Him, Albert (Class Prefect); Wong Wai Shun; Chung Siu Man, Simon; Cheng Yat Ho.



#### FORM 1C

Top Row: Lai Mom Fai; Cyrus Chiu; Wong Kwong Hop; Willie Wong; Roger Cheng; Michael Cheung; Albert Li; Wong Wai

Hung; So Kai Chi; Ling Ka Hong; Alex Wu; George Lam.

2nd Row: Joseph Tom; Andrew Chan; Eric Ng; Michael Chew; Raymond Hui; Lau Hang Sang (Sports Captain); Tommy

Tse; Vicent Chan; Eric Lau; Wan Chiu Kong; Cheung Pui Hang; Henry Chiu.

3rd Row: Li Chi Yeung; Victor King; Alan Lee; Luk Chun Ki (Class Representative); Herman Wong; Thomas Tsui; Edwin Fong; Fung Kai Bong; Chu Siu Lun; Daniel Fong; Tang Chung Wal.

Bottom Row: Leung Lai Hang; Daniel Chan; Yen King Cheung; Fong Kin Wa (Class Prefect); MIss Hilda Ho (Form Mistress); Michael Chan (Class Prefect); Chan Ka Yin; Rathen Yan; Allan Cheung.



(Left to Right)

### FORM 1D

Top Row: Yue Shun Hang, Vincent; Ho Wai Woon, Eric; Wong Poo Teck; Kwok Kai Him, Henry; Chung Wing Yan;

Kwong Chin Cheung; Mok Wai Lun; Kwok Tai Kam, Rupert; Chan Yee Hong, Richard; Li Tak

Cheung, Douglas; Lee Man Cheung, Christopher; Chu Pak Keung.

2nd Row: Wong Ka Lun, Vincent; Fu Kor Kuen, Patrick; Lee Chi Chung; Leung See Lim, Brian; Ma Lai Kan, Kevin;

Ting Man On, Andy; Tang Jeng Shyuan; Tam Kam Chung, William; Leong Pak Tak, Patrick; Leung Lok San;

Wong Ka Yeung, Eddie.

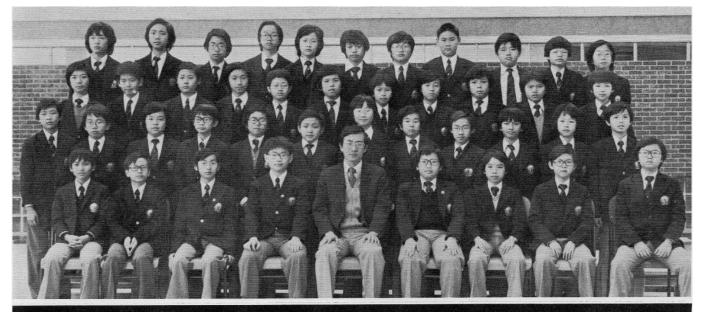
3rd Row: Chang Wai Tung; Tsoi Kwok Man, Theodore; Chan Siu Hong; Chow Chee Wai, Christopher; Ip Ka Cheung,

Richard; Shek Wing Kin, Bambi; Mak Wing Yeung, Kenneth; Chan Hing Chi, Jimmy; Tam Kwok Leung, Albert;

Yeung Ka Yin, Albert; Yip Chi Fai, David.

Bottom Row: Cheng Chak Kin, Francis; Kong Ming Fai, Peter; Chow Wai Hung; Wong Chi Chung; Mr. Joseph K. K. Chung

(Form Master); Chan Chung Ming, Sebastian; Lam Ho Kun, Douglas; Wong Wing Dean; Lee Ying Yuen, Jordan.



### FORM 1E

Top Row:

Chan Lung Wah; Joseph Au Yiu Cheung; Edmond Sam Kin Man; James Lee Chun Kuen; Jacky Fong Chin Yuen; Victor Siu Wai Tat; Albert Leung Lap Chi; Anthony Lam Heem Yick; Benildus Loong Chun Bong;

Geoffrey Ho Ka Fun; Simon Wong Kai Tai.

2nd Row:

Anthony Chan Yu Kwan; Tam King Man; Benjamin Wong Chi Heng; Eric Li Chung Hon; Bernard Chan Sze Hung; Stanley Shum Chi Yuen; Michael Lee Yiu Hang; Charles Yu Hin Chun; Henry Shum Chi Chung; Albert

Ng Yat Fai; Hubert Chien Wing Lung.

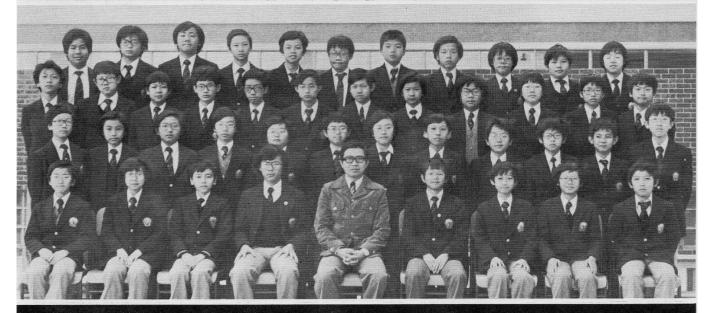
3rd Row:

Chan Wai Kai; Leonard Wong Lap Tak; Tony Au Kar Man; Yu Yuk Ping; James Chan Sau Shek; Christopher Mong Shu Kei; Raymond Chan Wai Man; Pang Wai Keung; Stephen Kam Yu Lung; Kenny Yeung Kam Nin;

Chiu Sung Kin; Ronald Thomas Lee Wai On.

Bottom Row: Chan Kam To; Eric Cheung Chi Shun; Hui Yik Hei; Roger Wong Yiu Ming (Vice Prefect); Mr. Peter Lee (Form

Master); Johnny Szeto Ka Lun (Prefect); Lau Kin Hon; Chan Tak Yeung; Abel Tang Hing Kei.



#### (Left to Right)

#### FORM 1F

Top Row: Kwok Ka Leung; Chow Tin Lun, Joseph; So King Tai; Tong Chun Yu; So Chee Hang; Wu Chee Yung, Samson; Leung Yat Chi, Alex; Kwan Siu Ming, Joseph; Mak King Wai, David; Chan Ka Seung, Carlson; Chan Yue Tat,

Philip.

2nd Row: Lee Wai Keung, Christopher; Chung Koon Wah, Stephen; Miu Chi Ming, Colin; Lam Tai Wai, Stephen; Wan Sai Leung, Peter; Ho Shui Ching; Cheng Wai Keung; Lo Yuk Lee, Eddie; Ma Fung Mo; Wong Kai Chiu, Kenneth;

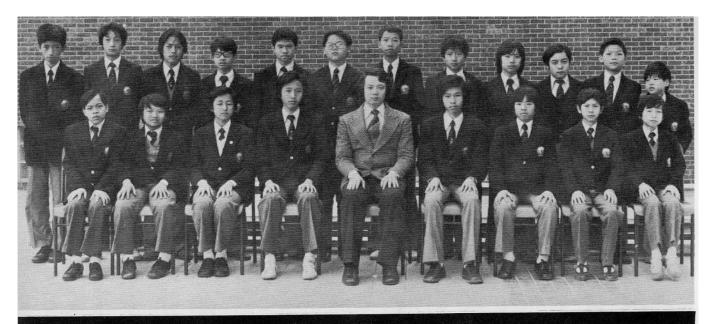
Choy Man Kwong, Tony; Lui Ying Kwai, Patrick.

3rd Row: Ng Hing Lun, Eugene; Fong Kim Ho, William; Lam Tai Wing, Paul; Lai Kwok Hung, Lawrence; To Kwan Ching, Joannes; Mok Wing Cheong, Winston; Dung Kai Cheung, Danny; Leong Kah Kin, Patrick; Chan Kwok

Kee; Mak Ho Leung; Lee Wing Ho, Peter; Chan Chan.

Bottom Row: Ho Hoi Fung, Albert; Hsu Kuo Wah, Walter; Chan Wai Hong, Alex; Ho Chung Yan, Anthony; Mr. Lau Kon

Ting; Shin Kwok Yueh, Leo; Lee Man Wah, Bernard; Leung Pak Cheung, Patrick; Lee Po Yu, Albert.



#### FORM 1G

Top Row:

Leung Kam Hing; Yeung Hing Chun; Chan John; Chan Yuk Kin; Tang Kwok Shing; Wong Ka Lok; Lau Yiu

Cheong; Chan Chi Keung; Chan Kwok Hung; Leung Wai Man; Lee Tak Sang; Yu Fei Lung.

2nd Row:

Leung Ying Wah; Chan King Fai; Lau Ching Sing; Chan Chun Man; Mr. Victor Lo (Form Master); Cheng

Yat Yuen; Ng Siu Yung; Leung Wing Hung; Law King Man.



(Left to Right)

### FORM 1H

Top Row:

Mak Koon Fat; Pang Man Kwong; Chan Kam Yin; Chung Wai Kei; Lin Yat Hung; Lee Sui Fai; Ma Hon Man;

Wong Kui Pong; Chung Ching Man; Ho Sui Po; Cheung Chun Hing; Ng Kin Chung.

2nd Row:

Tam Chi Wai; Yiu Hok Man; Tse Wai Lung; Chan Sui Keung; Miss Irene Ho (Form Mistress); Cheung Chi Fai;

Cheung Sui Cheung; Lam Fuk Tak; Mak Kong Tat.



FORM 2A

Top Row: Lam Kai Tai, Oliver; Sun Wai Tak, Victor; Au Yeung Lok Tin; Tong Hong Fong, Rex; Tse Kai Man; Tran Vinh Sanh, Henri; Ho Wai Woon, Eric; Ma Wing Shing, Roy; Chan Chi Kit, Jack; Lim, Brendan.

2nd Řow: Ng Kwok Wing, Eric; Wong Chun Hung, John; Loong Chun Bong, Benildus; Fong Chin Yuen, Jacky; Wu Chee Yung, Samson; Chew Ming Yui, Michael; Chan Wing Hong, Vincent; Wong Wai Hung; Lai Moon Fai; Barce,

Cary.

3rd Row: Ho Shiu Ching; Ng Wai Chung, Philip; Tran Chuen Ka, Alton; Lam Ho Kun, Douglas; Chan Wai Hong, Alex; Mok Wing Cheong, Winston; Lee Wing Ho, Peter; Chan Kam To; Ho Yuen Kei, Alain; Lau Wai Kong, Peter; Yu Hin

Chun, Charles; Mak Wing Yeung, Kenneth.

Bottom Row: Lee Wing Yee, Anthony; Young Yuk Man, Raymond; Chan Hing Chi, Jimmy; Gregory Ernest Antonio; Mr. John

Au King Hong (Form Master) Anthony Abdullah; Chim Ting Wai, David; Tang Hing Kei, Abel; Wong Ka Yeung,

Eddie.,



(Left to Right)

FORM 2B

Top Row: Lee Chi Chung; Wong Tak Chuen, Hilton; Leung Yat Chi, Alex; Hui Ka Hei, Raymond; Tang Sing Yee, Samuel; Chan Lung Wah; So King Tai; Lee Chun Kuen, James; Yip Tak Kuen, Benny.

2nd Row: Fu Kor Kuen; Li Tak Cheung, Douglas; Yuen Kit Man, Joseph; Chan Wai Man, Raymond; Chan Yue Tat, Philip; Ho Ka Fun, Geoffrey; Tang Jeng Shyuan, Raymond; Hui Ka Kit, Simon; Wong Chi Heng, Benjamin; Hu Tzu

Chun, Donny; Wu Wing Hong, Alex; Ma, Edmund.

3rd Row: Yeung Ka Yin, Albert; Cheng Chak Kin, Franics; Tam Ka Wai, Calvin; Mong Shu Kei, Christopher; Mak Yiu Keung, Charles; Cho Kwok Hung, Arthur; Tsui Kam Lung; Dung Kai Cheung, Danny; Cheung Pui Hang; Chan

Kwan Leung; Pang Xiao Pong; Cheung Lai Ton, Daniel.

Bottom Row: Lee Man Wah, Bernard; Lee Kin Chun, Alan; Shum Chi Yuen, Stanley; Luk Chun Ki; Miss Flora Kan (Form

Mistress); Mak King Wai, David; Chu Sui Lun; Chan Ka Yin; Lee Wing On.



FORM 2C

Top Row:

Cheng Wai Keung, Peter; Wong Tin Chu, Derek; Siu Wai Tak, Victor; Wong Kai Tai, Simon; Chan Yu Kwan, Anthony; Mak Yun Kwong, Eric; Cheung Siu Yat, Sammy; So Kai Chi; Kwok Ka Leung; Lee Mang Cheung, Christopher.

2nd Row:

Yan Chi Kee, Rathen; Chow Sung Ming; Kong Sui Wing; Lo Yuk Lee, Eddie; Ma Lai Kan, Kevin; Wan Chiu Kong; Tse Ngai Chiu, Archie; Bux Sheix Osman Hamid; Chan Chan; Cheung Wai Leung, Alan; Fong Kin Wa.

3rd Row:

Lam Nara Hisashi; Lee Roland Wai On, Thomas; Chan Man Tat, Daniel; Yip Chi Fai, David; King Nien Tse, Victor; Chan Sau Shek, James; Ng Yat Fai, Albert; Chan Ming Lap; Fong Kim Ho, William; Chow Chee Wai,

Christopher; Ip Ka Cheung, Richard; Tang Sin Lai.

Bottom Row:

To Kwan Ching, Joannes; Wong Chi Keung; Lee Po Yu, Albert; Chan Chung Ming, Sebastian; Mrs. Lam Fan Kit Fong (Form Mistress); Hui Yik Hei; Lee Wing Wai; Kam Wai Leung, John; Leung Lai Hang.



(Left to Right)

### FORM 2D

Top Row: Wong Chi Chung; Chan Siu Fan, Gordon; Yue Shun Hang, Vincent; Chow Tin Lun, Joseph; Lee Wai Keung, Christopher; Mok Wai Lun, Alan; Ho Chung Yan, Anthony; Tsui Wai Yang, Edwin; Cheung Tze Kin, Michael;

Chan Shiu Chuen, Michael; Kwok Kai Him, Henry.

2nd Row: Chow Wai Hung; Law Kwan Hoi, Patrick; Lai Kwok Hung, Lawrence; Chiu Sung Kin, Tony; Willis, Allan Christian; Li Chi Yeung; Lui Ying Kwai, Patrick; Lam Kwok Cheung, George; Chan Yuk Fai; Wong Wai Shun;

Chan Siu Hong.

3rd Row: Tang Chung Wai; Kam Yu Lung, Stephen; Chen Wai Wei, David; Ng Man Chung, Michael; Pang Wai Keung; Fong Yuen Wai, Edwin; Lee Yiu Hang, Michael; Wong Lap Tak, Leonard; Leung Wing Lun, Gilbert; Lai Hon Yuk,

Paul; Chan Sze Hung, Bernard; Tong Chun Yu.

Bottom Row: Lee Ying Yuen, Jordan; Yen King Cheung; Ng Chi Kong, Conrad; Wong Chak Yin, Willie; Mr. Albert Loong

(Form Master); Szeto Ka Lun, Johnny; Chow Wai Ming; Ng Hing Lun, Eugene; Chu Ja Chiang, Paul.



(Left to Right) FORM 2E

Top Row: Kwok Tai Kam, Rupert; Chan Wai Man, Andrew; Chan Yeen Hong, Richard; Lam Heem Yick, Anthony; Fung Chun Wah; Foo Wai Lee, William; Wong Poo Teck; Li Yin Mo, Albert; Tom Mo Chun, Joseph; Lee King Man,

Cammy

2nd Row: Yeung Kim Leuk; Wat Ming Hin; Cheng Yat Ho; Choy Man Kwong, Tony; Leung Lap Chi, Albert; Chien Wing

Lung, Hubert; Chiu Hon Kiu, Henry; Chu Pak Keung; Chiu Ho Leung, Norman; Lau Hang Sang; Ng Wing Hong,

Anthony.

3rd Row: Wan Sai Leung, Peter; Shin Kwok Yeuh, Leo; Wong Wai Lin; Fong Yee Lit, Daniel; Li Chi Fai; Ho Hoi Fung,

Albert; Wong Hin Man, Herman; Lam Hing Sang; Shek Wing Kin, Bambi; Au Kar Man, Tony; Lam Tai Wai,

Stephen; Chan Ka Sheung, Carlson.

Bottom Row: Yu Yuk Ping; Leong Pak Tak, Patrick; Leong Kah Kin, Patrick; Chan Tak Yeung; Mr. Ho Ching Hin (Form

Master); Wong Po Him; Cheong, Richard; Ma Fung Mo; Ng Tin Kam, Kenneth.



(Left to Right)

2nd Row:

FORM 2F

Top Row: Chiu Yue Lap, Cyrus; Ling Ka Hong; Chung Koon Wah, Stephen; Chung Wing Yan; Cheng Hung Choi, Roger; Wong Kwong Hop; Ho Chiu Ming, Marc; Sih Wai Kin, Daniel; Ho Hon Wah, Henry; Chiao Li; So Chee Hang.

Au Yiu Cheung, Joseph; Yip Sze Ki; Tam King Man; Tse Tat Fung, Tommy; Lau Lee Ching, Eric; Chang Wai

Tung; Leung Lok Sang; Li Chung Hong, Eric; Li Tak Him; Yau Sai Lung, Stephen; Cheung Chi Wai; Chan Wai

Kaı.

3rd Row: Kwong Chin Cheung; Seet Wai Sui, Albert; Hsu Kuo Wah, Walter; Mak Ho Leung; Lee Kwok Hung; Chan Kwok Lee; Leung Pak Cheung, Patrick; Wong Wing Dean; Fung Kai Bong, Patrick; Cheung Chi Shun, Eric; Wat Yiu

Wing.

Bottom Row: Tam Kwok Leung, Albert; Lam Tai Wing, Paul; Lau Kin Hon; Wong Yiu Ming, Roger; Mrs. Sylvia Cheung (Form

Mistress); Miu Chi Ming, Colin; Wong Kai Chiu, Kenneth; Shum Chi Chung, Henry; Li Sze Yeung.



### FORM 2G

Front Row: Law King Man; Leung Wai Man; Wong Ka Lok; Lau Ching Sing; Mr. Lo See Tak, Victor (Form Master); Cheng

Yat Yuen; Mak Koon Fat; Chang Chi Fai; Lee Tak Sang.

Back Row: Leung Wai Man; Lam Fuk Tak; Leung Ying Wa; Tse Wai Lung; Chan Chun Man; Lee Siu Fai; Chan Yuk Kin;

Chan Kwok Hung; John Chan; Ma Hon Man.



(Left to Right)

### FORM 2H

Top Row: Cheung Sui Cheung; Ng Kin Chung; Yiu Hok Man; Lin Yat Hung; Cheung Chun Hing; Chan Sui Keung; Tam Chi

Wai; Yeung Hing Chun.

Bottom Row: Chan Kam Yin; Tang Kwok Shing; Ng Sui Yung; Wong Kiu Pong; Miss Irene Ho (Form Mistress); Ho Hui Po;

Chung Ching Man; Mak Kwong Tat; Leung Wing Hung.



### FORM 3A

(Left to Right)

Top Row: Oliver Lam; Cheung Wai Leung, Alan; Sun Wai Tak, Victor; Yip Tak Kuen, Benny; Fung Chun Wah, Clement;

Tran Vinh Sanh, Henri; Ma Wing Shing, Roy; Chan Chi Kit, Jack; Lee King Man, Cammy.

2nd Row: Tran Chuen Ka, Alton (Sports Captain); Ip Ka Cheung, Richard; Mak King Wai, David; Fu Kor Kuen, Patrick; Tse

Ngai Chiu, Archie; Cary Barce; Tse Tat Fung, Tommy; Hui Kai Kit, Simon; Tong Hor Fong, Rex; Chan Siu Fan,

Gordon; Mak Yun Kwong, Eric.

3rd Row: Lee Yiu Hang, Michael; Ng Man Chung, Michael; Alaric Mya; Wong Chun Hung, John; Ng Wai Chung, Philip;

Lai Hon Yuk, Paul; Hsu Kuo Wah, Walter; Ho Yuen Kei, Alain; Chang Wai Tung, Ricky; Wan Sai Leung, Peter;

Lau Wai Kong; Chiu Ho Leung, Norman.

Bottom Row: Cheng Chak Kin, Francis; Tam Ka Wai, Calvin; Lee Po Yu, Albert; Gregory Antonio Ernest (Prefect); Mr. P.S.B.

Nair (Form Master); Li Tak Him, Albert; (Prefect); Ma Fung Mo; Lee Kin Chun, Alan; Chow Wai Hung.



### FORM 3B

(Left to Right)

Top Row:

2nd Row:

Carlosn Chan; Kwong Chin-Cheung; Willie Wong; Sih Wai-Kin; Roger Cheng; Eric Ho; Tso Shiu-Wing.

Mak Wing-Yeung; Wat Ming-Hin; Chan Man-Tat; Wan Chiu-Kong; Chow Wai-Ming; Chow Chee-Wai; Ling Ka-

Hong; Michael Chew; Kwok Tai-Kam, Rupert; Hui Ka-Hei; Tse Kai-Man.

3rd Row: Yuen Kit-Man; Ng Tin-Kam; Yip Chi-Fai; Gilbert Leung; John Kam; Pang Wai-Keung; Mak Yiu-Keung; Wat Yiu-

Wing; Chan Kai-Yin; Thomas Tsui; Au Yeung Lok-Tin.

Bottom Row: Henry Chiu; Patrick Leong; Albert Ng; Daniel Cheung; Mr. Y.Y. Kan; Stephen Chung; Lai Kwok-Hung; Bernard

Chan; Roland Lee.



### FORM 3C

(Left to Right)

Choy Man Kwong; Ng Wing Hon; Anthony (S.C.); Siu Wai Tat, Victor; Chung Wing Yan; Loong Chun Bong, Top Row:

Benildus; Chu Ja Chiang, Paul; Lam Heem Yick, Anthony; Hu Tzu Chun, Donny; Au Yiu Cheung, Joseph; Won

Chi Chung.

2nd Row: Chow Sung Ming; Chan Ming Lap; Lee Wing On; Lai Moon Fai; Li Chi Yeung; Cheung Pui Hang; Wong Chi

Heng, Benjamin; Chan Yuk Fai; Yip Sze Ki; Lam Kwok Cheung, George.

3rd Row: Lam Tai Wing, Paul; Chim Ting Wai, David; Wong Kai Chiu, Kenneth; King Nien Tse, Victor; Mak Ho Leung;

Chan Kwan Leung, Michael; Leong Pak Tak, Patrick; Chan Hing Chi, Jimmy; Wong Ka Yeung, Eddie; Wong Hin

Man, Herman; Kwok Dick Fung, Dick.

Bottom Row: Mong Shu Kei, Christopher; Lee Wing Wai, William; Cheung Chi Shun, Eric; So Chee Hang, Tony (A.P.); Mr.

Stephen Liu Chee Keung (Form Master); Chan Tak Yeung (P.); Szeto Ka Lun, Johnny (C.R.); Leung Pak

Cheung, Patrick; Wong Chi Keung.



#### FORM 3D

(Left to Right)

So Kai Chi; Kwan Siu Ming; Joseph (Class Representative); Chan Yeen Hong, Richard; Chan Lung Wah; Leung Top Row:

Lap Chi, Albert; Wong Wai Hung, Jimmy; Wong Kong Hop; Tam King Man, Peter.

2nd Row: Chan Sau Shek, James; Lam Hing Sang; Kong Sui Wing; Shek Wing Kin, Bambi; Li Chung Hong, Eric; Chu Pak

Keung; Lui Ying Kwai, Patrick; Wong Tak Chuen, Hilton; Wong Lai Tai, Simon; Yue Shun Hang, Vincent. 3rd Row:

Fung Kai Bong, Patrick; Leung Lai Hang; Chan Kwok Kee, Kenny; Law Kwan Hoi, Patrick; Fong Yuen Wai,

Edwin; Pang Siu Pong, Simon; Mok Wing Cheong, Winston; Chung Siu Man, Simon; Cho Kwok Hung, Arthur

(Sport Captain); Cheung Chi Wai, David; Fong Kim Ho, William.

Bottom Row: Wong Lap Tak, Leonard; Chan Kam To; Tang Chung Wai; Miu Chi Ming, Colin (Prefect); Mr. Robert C.L. Cheng

(Form Master); Wong Po Him, James (Prefect); Lam Ho Kun, Douglas; Chen Wai Wei, David; Lau Kin Hon.



### FORM 3E

(Left to Right)

Bottom Row:

Li Tak Cheung, Douglas; Li Chiao; Lee Chi Chung; Chan Chan; Mok Wai Lun, Alan (S.P.); Ho Chiu Ming, Marc; Top Row:

Chan Shiu Chuen, Michael; Wong Poo Teck.

Shum Chi Yuen, Stanley; Wu Wing Hong, Alex; Young Yuk Man, Raymond; Ng Kwok Wing, Eric Norman; Lee 2nd Row:

Wai Keung, Christopher; Wong Tin Chu, Derek; Chan Wai Kai; Fong Chin Yuen, Lam Tai Wai, Stephen;

Wong Wai Shun.

Chu Siu Lun; Wong Wing Dean; Lee Wing Ho, Peter; Seet Wai Sui, Albert; Fong Yee Li, Daniel; Yu Yuk Ping; 3rd Row:

Cheng Yat Ho; Lo Yuk Lee, Edoie; Cheng Wai Keung, Peter; Yau Sai Lung, Stephen; Tang Sin Lai. Chan Wai Man, Raymond; Shin Kwok Yuen, Leo (C.R.); Kam Yu Lung, Stephen; Tong Chun Yu (V.P.); Mr. Lo

Cho Shing; Fong Kin Wa (P.); Chan Wai Hong, Alex; Li Chi Fai; Lam Nara Hisachi.



#### FORM 3F

(Left to Right)

Foo William; Lau Hang Sang; So King Tai; Chiang Yee Leung, Leslie; Li Yin Mo, Albert; Lee Chun Kuen, James; Top Row:

Chiu Yue Lap, Cyrus; Tom Mo Chung, Joseph.

Lee Wing Yee; Chan Siu Hong; Ma Lai Kan, Kevin; Yeung Kim Leuk; Chow Tin Lun, Joseph; Ho Shui Ching; 2nd Row:

Shum Chi Chung, Henry; Cheung Siu Yat; Lee Mang Cheung, Christopher; Chan Yue Tat, Philip; Chan Wing

Hong, Vincent.

Hui Yik Hei; Cheong Richard; Luk Chun Ki; Ng Hing Lun, Eugene; Dung Kai Cheung, Danny; Yeung Ka Yin, 3rd Row:

Albert; Au Kar Man, Tony; Yan Chi Kee; Yu Hin Chun; Ho Hon Wah, Henry; Li Sze Yeung; Kwok Kai Him,

Henry.

Tam Kwok Leung, Albert; Lee Ying Yuen, Jordan; To Kwan Ching, Joannles; Wong Yiu Ming, Roger; Mr. Bottom Row:

Lawrence Leung; Chan Chung Ming, Sebastian; Tang Hing Kei, Abel; Lee Kwok Hung; Yen King Cheung.



### FORM 3G

(Left to Right)

Top Row: Chan King Fai; Leung Wai Man; Lee Tak Sang; Chan Kam Yin; Lee Siu Fai; Chan Chun Man; Ma Hon Man; Tse

2nd Row: Law King

Law King Man; Chan Siu Keung; Chan Kwok Hung; Lau Ching Sing; Mr. Victor Lo See Tak (Class-Master);

Cheng Yat Yuen; Ng Siu Yung; Leung Ying Wah; Leung Kam Hing.



### FORM 3H

(Left to Right)

Top Row: Lam Fuk Tak, Frederick; Chung Ching Man, Gordon; Ng Kin Chung, Denny; Cheung Chun Hing, Nelson; Wong

Kui Pong, Bruce; Wong Ka Lok, Hugo; Yeung Hing Chun; Chang Chi Fei, Jeffrey.

2nd Row: Tang Kwok Shing, James; Lin Yat Hung, Willie; Yiu Hok Man, Michael; Tam Chi Wai, Charles; Miss Irene Ho; Ho

Sui Po, Henry; Leung Wing Hung, Leo; Cheung Siu Cheung, Sammy; Mak Kong Tat, Kelvin.



### Form 4A

(From Left to Right)

Top Row: Chiang Yee Leung, Leslie; Tam King Man; Chiu Yue Lap, Cyrus; Ho Chiu Ming, Marc;

Wong Chi Chung

2nd Row: Chan Kwan Leung, Michael; Lee Siu Chung; Choy Man Kwong, Tony; Lee Chi Chung; Chung

Wing Yan, Ian; Wong Tin Chu, Derek; Hui Ka Kit, Simon; Tam Ting Pong, Willie; Chan Lung

Wah

3rd Row: Lam Kwok Cheung; Hung Yee Mau; Lee Mang Cheung, Christopher; Chan Wai Kai; Ngai

Yam Ming, Floyd; Yu Yuk Ping; Li Chi Yeung; Li Sze Yeung; Wan Chiu Kong

Bottom Row: Tong Hog Fong, Rex; Mak Yiu Keung, Charles; Cheng Hung Choi, Roger (S. C.); Lam Ho Kun, Douglas (C. P.); Mr. John Au (Form-master); Lee Wing Wai, William (V. P.) Ng Yat Fai,

Albert (C. R.); Cheung Chi Wai, David; Yuen Kit Man, Joseph



### Form 4B

(From Left to Right)

Top Row: Chu Ja Chiang, Paul; Lee King Man, Cammy, Li Yin Mo, Albert; Sih Wai Kin, Daniel; Au Yiu

Cheung, Joseph

2nd Row: So King Tai; Kong Siu Wing; Yip Tak Kuen, Benny; Chan Isaac; Chan Yeen Hong; Kwong

Chin Cheung; Cheung Pui Hang; Chow Tin Lun, Joseph; Hu Tzu Chun, Donny

3rd Row: Yau Sai Lung, Stephen; Yip Chi Fai, David; Fong Yee Li, Daniel; Chan Yau Lung; Leung

Lap Chi, Albert; To Kwan Ching; Kam Yu Lung, Stephen; Wong Hin Man, Herman; Wong

King Bun; Leung Pak Cheung, Patrick

Bottom Row: Lam Tai Wing, Paul; Cheung Lai Ton, Daniel; Chow Chee Wai, Christopher(S. C.); Lau Hang

Sang (V. P.); Mr. Yik Kwan (Form-master); Dung Kai Cheung (C. P.); Lee Wai Keung,

Christopher (C. R.); Lee Ying Yuen, Jordan; Ng Tin Kam, Kenneth



Form 4C

(From Left to Right)

Top Row: Tso Shiu Wing, Michael; Lee Chun Kuen, James; Chan Chan; Yue Shun Hang, Vincent;

Chan Chi Kit Jack; Cary Barce

2nd Row: Chan Man Tat, Daniel; Shum Chi Yuen, Stanley; Tam Kwok Leung, Albert; Victor Sun;

Ip Ka Cheung, Richard; Lau Wai Kong, Peter; Chan Ka Seung, Carlson; Wong Chi Heng,

Benjamin; Lee Wing On;

3rd Row: Young Yuk Man, Raymond; Yu Hin Chun, Charles; Lee Kin Chun, Alan; Ip Kin Sing;

Fong Yuen Wai, Edwin; Lai Kwok Hung, Lawrence; Wong Chun Hung, John; Alaric Mya;

Wong Wing Dean

Bottom Row: Tony Au Kar Man; Roland Thomas Lee; Tran Chuen Ka, Alton (S. C.); Gregory Ernest

Antonio (P.); Rev. Fr. James Lea (Form-master); Chan Yuk Fai, Vincent (V. P.); Tran Vinh

Sanh, Henri (C. R.); Pang Siu Pang, Simon; Choy Kai Tin



#### Form 4 D

(From Left to Right)

Top Row: Tse Kai Man; Ho Hon Wah; Mak King Wai; Siu Wai Tat; Wong Kai Tai; Wong Wai Hung;

Mok Wai Lun; Kwok Tai Kam; Chew Ming Yui; Tong Chun Yu; Wong Tak Chuen

2nd Row: Wong Poo Teck; Ling Ka Hong; Chan Yue Tat; Tse Ngai Chiu; Wong Lap Tak; Chan Ming

Lap; Chiao Li; Chan Sau Shek; Mok Wing Cheong; Kam Wai Leung

3rd Row: Lee Kwok Hung; Leung Lai Hang; Mak Ho Leung; Wan Sai Leung; Chan Kwok Kee; Yeung

Ka Ying; Lai Hon Yuk; Ma Fung Mo; Chung Siu Man; Wong Chi Keung; Yan Chi Kee

Bottom Row: Wat Yiu Wing; Lau Kin Hon; Luk Chun Ki (C. R.); Hui Yik Hei(P.); Mr. Kwok Chi Keung,

(Form-master); Miu Chi Ming (V.P.); Cho Kwok Hong (S. C.); Tam Ka Wai; Chan Ka Yin



Form 4E

(From Left to Right)

Top Row: Lam Heem Yick, Anthony; Loong Chun Bong, Benildus; Fung Chun Wah, Clement; Fong

Kin Wah; Au Yeung Lok Tin; Wong Chak Yin, Willie; Shum Chi Chung, Henry; Kwan Siu

Ming, Joseph; Li Tak Him, Albert

2nd Row: Chu Pak Keung; Wong Wai Shun; Bux Sheik Osman Hamid; Li Chung Hong, Eric; Yeung

Kim Leuk; Ho Shui Ching; Cheng Wai Keung, Peter; Lo Yuk Lee, Eddie; Chiu Hon Kiu

Henry; Lee Wing Yee

3rd Row: Shek Wing Kin, Bambi; Cheong, Richard; Chow Sung Ming; Lee Po Yu, Albert; Leong Kah

Kin, Patrick; Wong Yiu Ming, Roger; Kwok Dick Fung, Dick; Chang Wai Tung; Li Chi Fai;

Tsui Kam Lung, Thomas; Chu Siu Lun

Bottom Row: Ng Man Chung, Michael; Szeto Ka Lun, Johnny; Seet Wai Sui, Albert; Chan Chung Ming,

Sebastian (P.); Mr. C. K. Ng (From-master); Wong Po Him, James (V. P.); Chow Wai Hung

(C. R.); Tang Chung Wai; Chan Tak Yeung



#### Form 4F

(From Left to Right)

Top Row: Chan Shiu Chuen, Michael; Chan Siu Fan, Gordan; Ho Wai Woon, Eric; Tom Mo Chung,

Joseph; Lui Ying Kwai, Patrick; Cheung Wai Leung, Alan; Mak Yun Kwong, Eric; Kwok Kai

Him, Henry; Tse Tat Fung, Tommy

2nd Row: Fu Kor Kuen, Patrick; Yip Sze Ki; Lam Tai Wai; Hsu Kuo Wah, Walter; Li Tak Cheung,

Douglas; Wong Kwong Hop; Fong Chin Yuen, Jacky; Cheung Siu Yat; Wat Ming Hin,

Anthony; Fong Kim Ho, William

3rd Row: So Kai Chi; Pang Wai Keung; Chan Hing Chi, Jimmy; Lai Moon Fai; Lam Hing Sang; Wu

Wing Hong, Alex; Ng Hing Lun, Eugene; Lee Yiu Hang, Michael; Chow Wai Ming; Chan Sze

Hung, Bernard

Bottom Row: Cheng Yat Ho; Chan Kam To; Shin Kwok Yueh, Leo (C. R.); So Chee Hang, Tony (P.);

Miss Betty Key (Form-mistress); Cheung Chi Shun, Eric (P.); Yen King Cheung (S. C.);

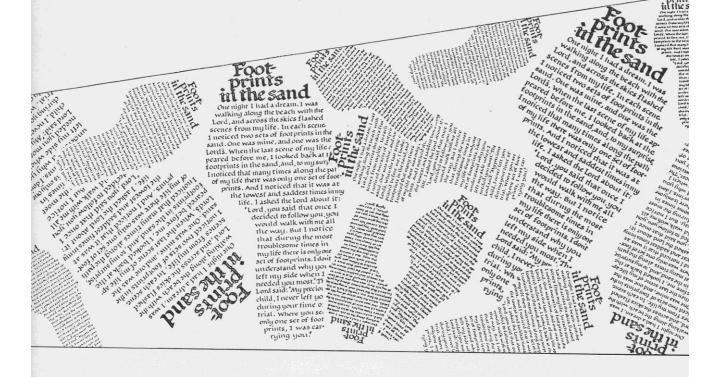
Leung Wing Lun, Gilbert; Leong Pak Tak, Patrick

# Footprints in the sand

One night I had a dream. I was walking along the beach with the Lord, and across the skies flashed scenes from my life. In each scene I noticed two sets of footprints in the sand. One was mine, and one was the Lords. When the last scene of my life appeared before me, I looked back at the footprints in the sand, and, to my surprise, I noticed that many times along the path of my life there was only one set of footprints. And I noticed that it was at the lowest and saddest times in my life. I asked the Lord about it.

Sorm OF

life. I asked the Lord about it: "Lord, you said that once I decided to follow you, you would walk with me all the way. But I notice that during the most troublesome times in my life there is only one set of footprints. I don't understand why you left my side when I needed you most." The Lord said: "My precious child, Inever left you during your time of trial. Where you see only one set of footprints, I was carrying you!





# F. 5A

### (From Left to Right)

### Top Row:

Lee Chi Chung; Tam Ting Pong, Willie; Choy Man Kwong, Tony; Chan Lung Wah, Giovanni; Sih Wai Kin, Daniel; Young Yuk Man, Raymond; Wong Chi Chung; Cheung Tak Hao, Thomas; Hung Yee Mau; Tam King Man

### 2nd Row:

Cheung Lai Ton, Daniel; Chan Kwan Leung, Michael; Li Tak Man; D'Aquino, Daniel Antonio; Wan Chiu Kong; Yu Yuk Ping; Li Sze Yeung; Ngai Yam Ming, Floyd; Li Chi Yeung; Chan Wai Kai; Lam Kwok Cheung, Francis

### **Bottom Row:**

Wong Tin Chu, Derek; Mak Yiu Keung, Charles; Lee Mang Cheung, Christopher (S.C.); Lee Siu Chung, David (C.P.); Mr. H.W. Woo (Formmaster); Ng Yat Fai, Albert (V.P.); Lam Ho Kun, Douglas (C.R.); Lee Wing Wai, William; Cheung Chi Wai, David



## F. 5B

### (From Left to Right)

Top Row:

Lee King Man, Cammy; Yip Tak Kuen, Benny; Kwong Chin Cheung; Au Yiu Cheung, Joseph; So King Tai

### 2nd Row:

Chu Ja Chiang, Paul; Ho Chiu Ming, Marc; Chu Kit Cheung; To Kwan Ching; Leung Lap Chi, Albert; Chan Isaac; Li Yin Mo, Albert; Fong Yee Li, Daniel

### 3rd Row:

Lam Tai Wing, Paul; Leung Pak Cheung, Patrick; Ku Chun Kit, Clarence; Yau Sai Lung, Stephen; Wong Hin Man, Herman; Chan Yeen Hong, Richard; Cheung Pui Hang; Chan Yau Lung; Fung Tak Chung, Paul

### **Bottom Row:**

Hu Tzu Chun, Donny; Kong Sui Wing; Lee Wai Keung, Christopher; Dung Kai Cheung (C.P.); Mr. Peter Tse (Form-master); Lau Hang Sang, (V.P.); Wong King Bun (C.R.); Lee Ying Yuen, Jordan; Yip Chi Fai, David



## F. 5C

### (From Left to Right)

### Top Row:

Lam Tai Wai; Li Tak Cheung, Douglas; Chan Siu Fan, Gordon; Yip Sze Ki, Alfred; Ho Wai Woon, Eric; Tom Mo Chung, Joseph; Kwok Kai Him, Henry

### 2nd Row:

Wat Ming Hin, Anthony; Wong Kwong Hop; Fong Kim Ho, William; Lee Yiu Hang, Michael; Lo Yuk Lee, Eddie; Lai Moon Fai; Chan Hing Chi, Jimmy; Ng Man Cheung, Michael; Hsu Kwok Wah, Walter; Chan Shiu Chuen, Michael

### 3rd Row:

Cheng Yat Ho; Wu Wing Hong, Alex; Tam Ka Wai, Calvin; Ho Shui Ching; Chan Sze Hung, Bernard; Leong Pak Tak; Chow Sung Ming; Chow Wai Ming; Cheung Siu Yat; Ng Hing Lun, Eugene

### **Bottom Row:**

Chan Ka Yin; Wong Lap Tak, Leonard; Cho Kwok Hung, Arthur (S.C.); (C.P.); Mr. Henry W. Lau (Form-master) Cheung Chi Shun, Eric (V.P.); Cheung Wai Leung, Alan (C.R.); Luk Chun Ki (C.T.); Lam Hing Sang



## F. 5D

### (From Left to Right)

### Top Row:

Au Yeung Lok Tin; Fong Kin Wah; Loong Chun Bong, Benildus; Lui Ying Kwai, Patrick; Fung Chun Wah, Clement; Wong Chak Yin, Willie; Fong Chin Yuen, Jacky

#### 2nd Row:

Chiu Hon Kiu, Henry; Leong Kah Kin, Patrick; Chu Pak Keung; Richard Cheong; Kwan Siu Ming, Joseph; Li Tak Him, Albert; Shum Chi Chung, Henry; Yeung Kim Leuk, Edwin; Wong Wai Shun

#### 3rd Row:

Li Chi Fai; Pang Wai Keung; Tsui Kam Lung, Thomas; Cheng Wai Keung, Peter; Chan Chung Ming, Sebastian; Kwok Dick Fung, Dick; Fu Kor Kuen, Patrick; Wong Yiu Ming, Roger; Shek Wing Kin, Bambi; Bux Sheik Osman Hamid

#### **Bottom Row:**

Chang Wai Tung, Ricky; Li Chung Hong, Eric; Lee Wing Yee (S.C.); Chow Wai Hung (C.P.); Mr. John Richard Lee (Form-master); Wong Po Him, James (V.P.); Chan Tak Yeung (C.R.); Szeto Ka Lun, Johnny; Tang Chung Wai



## F. 5E

### (From Left to Right)

### Top Row:

Wong Tai Kai, Simon; Wong Tak Chuen, Hilton; Ho Hon Wah, Henry; Tse Kai Man; Siu Wai Tak, Victor; Wong Poo Teck; Chan Che Fung

### 2nd Row:

Lau Kin Hon; Yan Chi Lee; Chan Kwok Kee, Kenny; Mak King Wai, David; Yeung Ka Yin, Albert; Chan Sau Shek, James; Chan Yue Tat, Philip; Ling Ka Hong; Mok Wai Lun; Mok Wing Cheong, Winston

### 3rd Row:

Ma Fung Mo; Chung Siu Man, Simon; Wat Yiu Wing, Andrew; Leung Lai Hang; Wan Sai Leung, Peter; Lai Hon Yuk, Paul; Lee Kwok Hung; Wong Chi Keung; Kam Wai Leung, John; Yuen Yuk Kin; Ku Ka Ming

### **Bottom Row:**

Chan Ka Yin; Wong Lap Tak, Leonard; Cho Kwok Hung, Arthur (S.C.); Tse Ngai Chiu, Archie (V.P.); Mr. C.C. Tung (Form-master); Hui Yik Hei (C.P.); Chiao Li (C.R.); Mak Ho Leung; Chan Ming Lap



## F. 5F

# (From Left to Right)

### Top Row:

Tran Chuen Ka, Alton; Chan Ka Seung, Carlson; Chan Yee Shun, Gabriel; Shum Chi Yuen, Stanley; Wong Ka Yeung, Eddie; Lee Chun Kuen, James; Chan Shu Pong, Stephen; Tso Shiu Wing, Michael; Cheung Man Ka, Raphael; Yeung Chi Wai, Simon; Chow Pak Kui, Francis; Lai Pak Yau, Andrew

### 2nd Row:

Lee Wai On, Roland; Fong Yuen Wai, Edwin; Lai Kwok Hung, Lawrence; Pang Siu Pang, Simon; Tam Kwok Leung, Albert; Mya, Alaric; Chan Man Leung, Lobo; Choy Kai Tin; Yu Hin Chun, Charles; Wong Chun Hung, John

### **Bottom Row:**

Chow Pui Nin, Patrick; Lee Wing On; Ip Kin Sing (S.C.); Antonio, Gregory (C.P.); Mr. Chiu Siu Lai (Form-master); Barce, Cary (V.P.); Tran Vinh Sanh, Henri (C.R.); Wong Chi Heng, Benjamin; Chan Chan



Seniors



# F. 6A

### (From Left to Right)

### Top Row:

Li Wai Lit; Chao Lip Yan, Felix; Kan Chi To, Raymond; Richard Cheong; Shum Chi Chung, Henry; Yuen Yuk Kin, Albert; Chang Wai Tung, Ricky

### 2nd Row:

Li Tak Man, Desmond; Lam Kwok Cheung, Francis; Chan Wai Kai, David; Chow Pui Nin, Patrick; Yeung Chee Wai, Simon; Bux Sheik Osman Hamid; Li Chung Hong, Eric; Loong Chun Bong, Benildus; Li Chiao (S.C.)

### 3rd Row:

Chan Hin Tse, Andy; Lee Wing Wai, William; Siu Wai Cheong, Paul; Chak Kin Man; Kong Ngon Luk, Stanley; Chow Sung Ming; Wong Hin Man, Herman; Cheng Wai Keung, Peter; Wu Wing Hong, Alex; Lam Kwok Hoi, Nelson; So Kai Chi (C.R.)

### Bottom Row:

Cary Barce (C.P.); Rev. Father James Lea; Mr. Ho Ching Hin; Miss Peggy Li; Miss Theresa Lam (Form-master); Mr. Peter Cheung; Mr. Kwan Ching Hang; Mr. P.C. Fung; Mr. Y.Y. Kan; Dung Kai Cheung (V.P.)



### (From Left to Right)

### Top Row:

Leung Chun Ping; Wu Bing Chi; Ho Hon Wah, Henry; Ho Wai woon, Eric; Au Yeung Lok Tin; Ku Ka Ming, Peter; Wong Ka Yeung, Eddie; Li Tak Him, Albert; Luk Chun Ki

### 2nd Row:

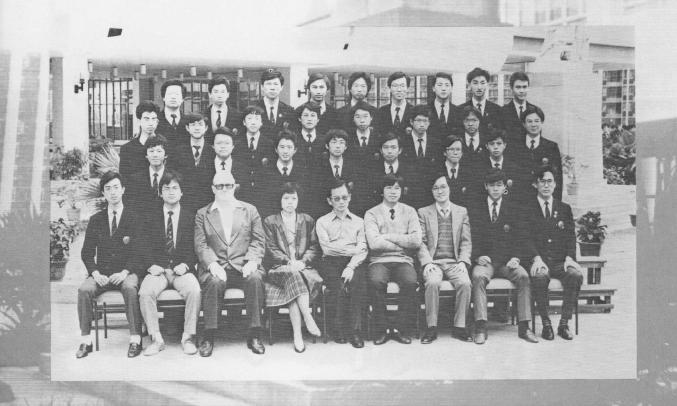
Cheng Hoi Ching; Chan Tak Yeung; Ng Hing Lun, Eugene; Wong Po Him, James; Lau Kin Hn; Lee Tsz King; Tsui Kam Lung, Thomas; Leong Pak Tak, Patrick

### 3rd Row:

Leong Kah Kin, Patrick; Shek Wing Kin, Bambi; Lin Shek Ying; Leung Lai Hang; Wong Chun Hung, John; Cheung Chi Shun, Eric; Wong Chi Keung

#### **Bottom Row:**

Cheung Wai Leung, Alan; Li Tak Cheung, Douglas (V.P., C.R.); Rev. Fr. James Lea; Miss M.C. Lau; Mr. Chan Yue Ham (Form-master); Mr. P.H. Ng; Mr. Peter Chiu; Tse, Archie (C.P.); Cho Kwok Hung, Arthur (S.C.)



# F. 6C

### (From Left to Right)

### Top Row:

Kwok Kai Him, Henry; Yip Sze Ki, Alfred; Fong Kin Wa; Tom Mo Chung, Joseph; Tso Shiu Wing, Michael; Tse Kai Man; Wan Ten Way; Lau Ka Po; Mak Hing Wah

### 2nd Row:

Chiu Shung Kei; Lee Kwok Hung; Yen King Cheung; Lau Hung; Szeto Ka Lun, Johnny; Chow Wai Ming, Alan; Lai Moon Fai

### 3rd Row:

Chan Hing Chi, Jimmy; Lam Tai Wai, Stephen; Wong Tak Chuen, Hilton; Cheng Yat Ho, Steve; Chan Ka Yin; Fong Kim Ho, William; Lam Hing Sang; Hui Yik Hei; Ho Shui Ching

### Bottom Row:

Cheung Siu Yat, Sammy (C.R.); So Chee Hang (C.P.); Rev. Father James Lea; Miss M.C. Lau; Mr. M.K. Shum (Form-master); Miss Annie So; Mr. P.H. Ng; Chan Chung Ming, Sebastian (V.P.); Kwan Siu Ming, Joseph (S.C.)



# **Upper Arts**



Mr. Yung Man Sing Form-master



Mr. Ho Ching Hin Chinese



Mr. Vincent Kwan Chinese History



Mr. Peter Cheung Georgraphy



Mr. Ng Kin On English



Mr. P. C. Fung Geography



Mr. H. W. Woo History



Rev. Father Lea Ethics



Mr. T. P. Cheung Physical Education





Barce Cary



Bux Sheik Osman Hamid



Chak Kin Man



Chan Hin Tse



Chan Wai Kai



Chang Wai Tung



Cheng Wai Keung



Cheong Richard



Dung Kai Cheung



Kan Chi To



Lam Kwok Cheung



Shum Chi Chung



Siu Wai Cheong



Wong Hin Man



Yeung Chee Wai



Yuen Yuk Kin







# Upper Science



Mr. Y. H. Chan Form-master



Miss Lau Miu Chun Chemistry



Mr. P. H. Ng Physics



Mr. Peter Chiu English

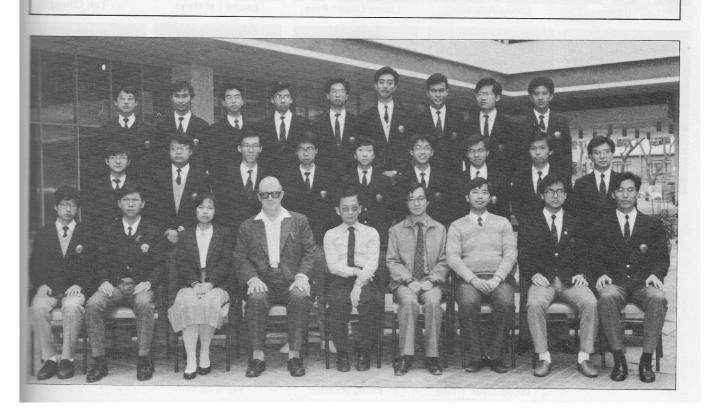


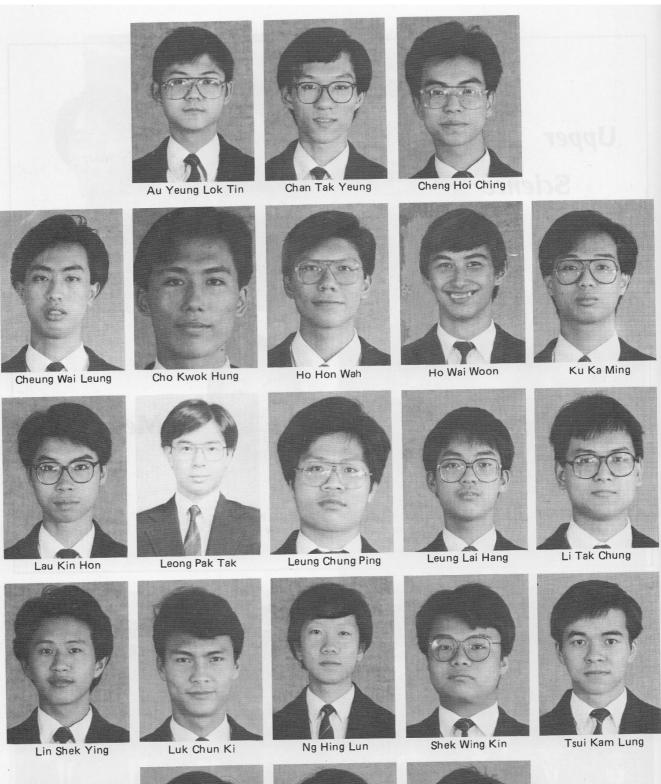
Rev. Father Lea Ethics



Mr. T. P. Cheung Physical Education

# Medicine







Wong Chun Hung





Wu Bing Chi





Mr. P. H. Ng Form-master

## Upper Science



Mr. M. K. Shum Mathematics



Mr. Yung Man Sing English



Rev. Father Lea Ethics



Miss Lau Miu Chun Chemistry

## Engineering



Mr. T. P. Cheung Physical Education







Chan Hing Chi





Ho Shui Ching

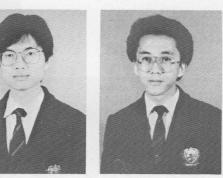




































Lai Moon Fai

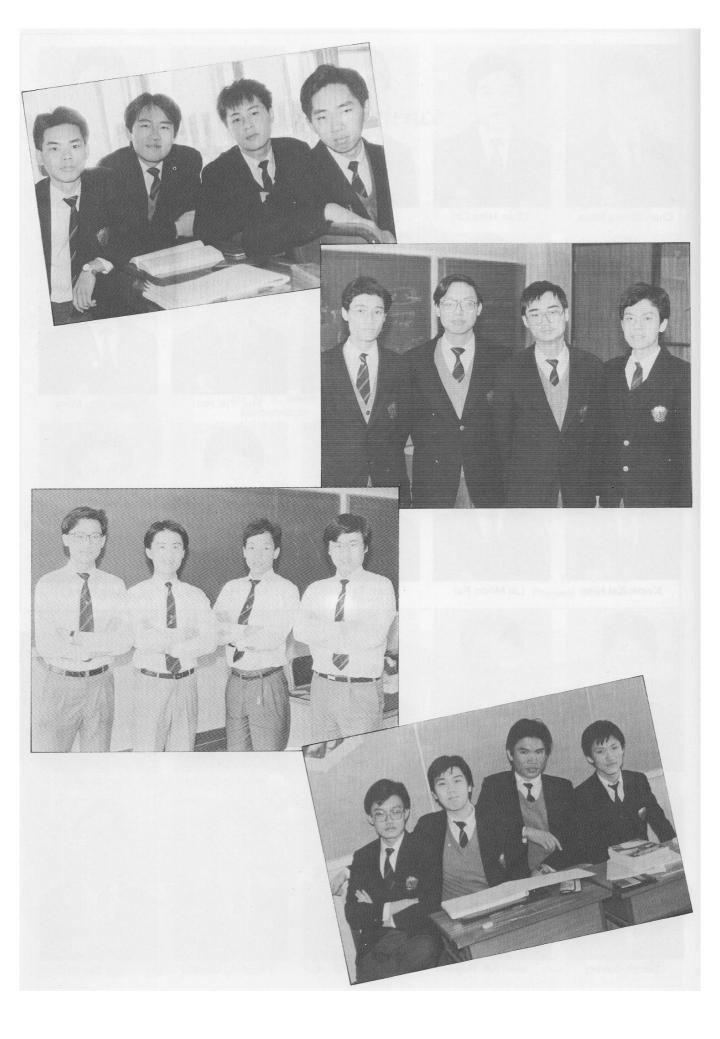
Mak Hing Wah

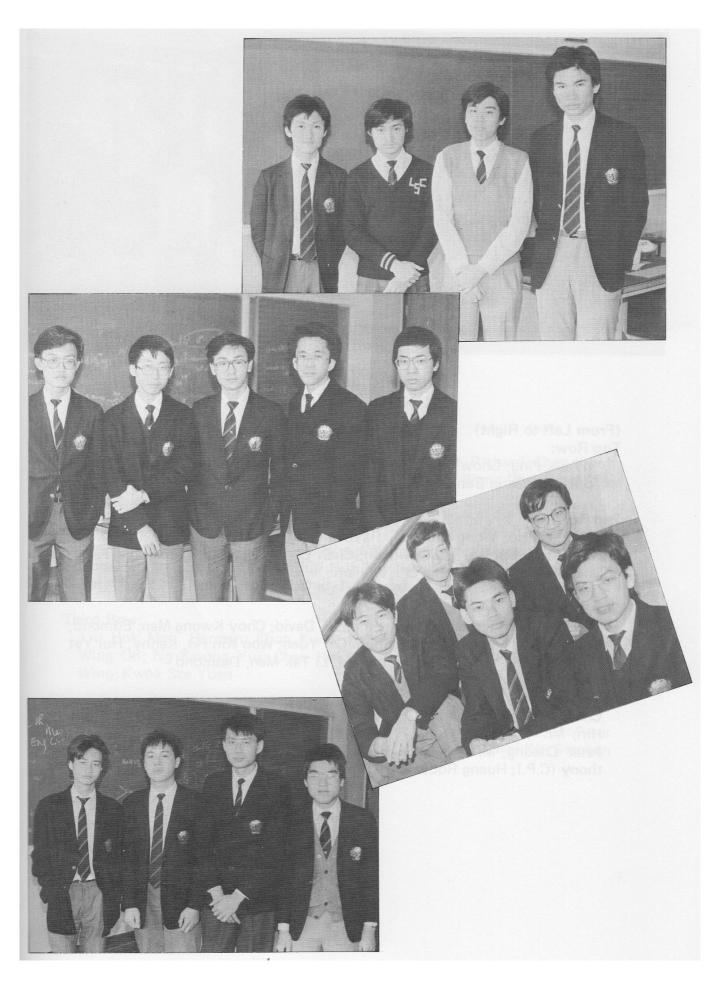
Lam Tai Wai

Wong Tak Chuen

Tso Shiu Wing

Lau Ka Po





Snapshots







































1979 LSPS Class 6B Photo Back row: Alex Leung深逸之, Hilton Wong黄德銓, Stephen Koo 顧京士, Brendan Lim 林智聰, Roy Ma 馬詠聖, Gregory Ernest Antonio 安邦, Eric Ng 吳國榮, Roger Cheng 鄭鴻才,

<u>Indian Comes of Pindon</u> <u>Back Tow.</u> Alex Leung来透之, Hillion Wong黄徳葉, Stephen Koo 顧泉工力, Bendan Linn 所有職, Noy Wong海菜之, Gregory Ernest Antonio 安邦, Erl. Ng 英國来, Noger Cheng 吳鴻才, Henri Tran 陳荣生, Edgar So 蘇敢智

Third row: 陳文華, Roger Wong 黄耀明, Richard Ip Ka Cheung, Samson Wu鄔智勇, Hugh Lin 林曉龍, Vincent Au Yeung歐陽樂天, Raphael Young 楊沛元, Alan Mok 莫煒倫, Alan Cheung 張偉良, 方健華, Douglas Li李德祥, Anthony Ng 伍永漢, 湯振宇

Second row: 郭樹勳, 黄条典, 范進偉, Herman Wong黃顯文, Cheng Yat Ho 鄭逸豪, Richard Cheong 張穎聰, 陳永鴻, Andrew Chan 陳偉文, Winston Mok 莫桑鶲, Patrick Leong梁百德, Edwin Yeung楊劍略

Front row: Bernard Lee 李文華, Jordan Lee李膺源, 甄敏, Tang Chung Wai鄧中偉, Danny Wong黃志遠, Mr. John Leung 梁景星先生, Albert Seet薛瑋瑞, 陳錦濤, Benson Yu余育章, David Chen 陳维衛, Christopher Chu 朱兆麟 (names contributed by Patrick Leong)







































































































































and then, we became Old Boys ...





















Remembrance



## In Memory of Our Good Friends

天上先成白玉樓

陳守碩 Chan Sau Shek, James 金偉亮 Kam Wai Leung, John 郭迪鋒 Kwok Dick Fung, Dick 林國章 Lam Kwok Cheung, Francis 梁勵恆 Leung Lai Hang 陳傳家 Tran Chuen Ka, Alton 黃德銓 Wong Tak Chuen, Hilton 黃偉雄 Wong Wai Hung, Jimmy

間

遂

青

雲

志

May Their Souls Rest In Peace

















We had seasons in the sun But the hills that we climbed Were just seasons out of time

















## In memory of our old friend

# Lam Kwok Cheung, Francis (Ah Per)























This page is contributed by Lee Siu Chung, David (Sae See), Bernard Chan, Michael Lee, Chang Wai Tung and Sebastian Chan

Essays



### 文科班的日子

#### 董啟章

我在升中四選科的時候,主動選讀了文科班。在像喇沙這樣的男校中,這是比較少有的。當時很多人覺得,男生擅長理科,而且念理科將來出路較好,所以男生很少自願選文科,尤其是成績較好的。我初中成績尚算不錯,數學和科學也不是特別不行,但當時卻想念跟人的行為和品性有關的學科,對歷史和文學最感興趣。我認為理科都是些冷冰冰的知識。回想起來,家人雖有微言,但沒有怎麼反對,老師也只是感到驚訝而已。

念文科班的最大考驗,並不在於學科知識,而是如何和同學相處。坦白說,大家都知道,當時在喇沙的中四、五A、B班,無論就成績還是操行而言,都是全級水準最差的。文科班是一個沒有人認真讀書,也不適合認真讀書的地方。我當初也不是沒有些許擔心的。但是我的性格自小就有一點古怪,越是沒有人去做的事情,我便越要去做。所以也顧不得事業前途和學習環境的問題了。

如我所料, 文科班真的是個鳥煙瘴氣的地方。課堂毫無秩序可言, 談話、喧鬧、出位、睡覺, 悉隨尊便; 吃零食、玩紙牌、睇漫畫、聽耳機, 也都是家常便飯。少數老師依然堅持認真教學, 就算對牛彈琴也絕不馬虎, 但有的只是敷衍了事, 作些無效的責 罵和懲罰, 最終還是要宣布投降。文科班學生被視為自我放棄的一群, 但他們其實也同時是被放棄了。

在文科班做一個讀書的人,怎麼看也是一個異類。同學們對我這個異類,不但沒有排擠,反而相當友善。我和他們興趣雖然並不相投,下課後也不常在一起,但我沒有被孤立的感覺。跟其中幾位,甚至發展出較深厚的友誼。身為班長,有事的時候我會選擇站在同學的一邊。例如當有同學遭老師誣告,我會盡力證明他的清白。當然,如果證據確鑿的話,我便愛莫能助了。雖然成績較佳,但我沒有優越感。相反,我常常誠惶誠恐,希望被大家接納為一個同類。我並不是說,我也要模仿他們去鬧事。我只是覺得,無論如何大家也一定有一種人與人之間的基礎情感相通。

記得中五那一年,在班際足球比賽中,我也忝列其間,擔當後衛的位置。我從小學就喜歡踢足球,奈何體能不佳,表現一直平平。當時我班人腳不足,連我這種水準也要上陣。又因為好波之人大都不願殿後,所以後衛的位置便往往留給隊中腳法最差的人。我深知自己的不足,所以加倍努力跑動,贏得「拼命三郎」的稱號。在一場關鍵比賽中,我因為解圍心切,一腳「撻Q」,把球送進自己的龍門裡。就是因為這個「烏龍波」,我班以一比二輪掉了,無緣晉級。那是我人生中最羞恥的時刻。要知道,對讀書不佳的文無好學生來說,運動是他們的強項,也是他們奪回自尊的機會。這麼重要的東西,卻給我這個書呆子一腳斷送了。我愧對5B班的所有人。而更令人訝異的是,他們之中,沒有一個因為此事而怪罪於我,反而還來安慰我,叫我不要把輸贏放在心上。

會考放榜之後,只有我和另一位同學可以原校升讀中六。我 沒有為自己的成績感到特別高興。我也沒有機會去一一安慰離校的 他們,叫他們不要把成績放在心上,將來走別的路,也可以創一番 自己的天地。其中許多同學,多年來都沒有聯絡了。相信大家各有 自己的際遇。無論如何,我都不會以世間的所謂成敗,來衡量任何 一位的人生。我在文科班學到的,就是這樣的一件事。

> 董啟章,香港小說家。香港大學比較文學系碩士,1992年開始發表作品,曾任中學教師,現專事寫作,亦於香港中文大學從事寫作教學。妻子為現任中大中國語言及文學系副教授黃念欣,時常在電視講述語文常識。 二人育有一名兒子董新果。

#### 獎項及榮譽

1994年 〈安卓珍尼〉獲聯合文學小說新人獎中篇首獎、〈少年神農〉 獲聯合文學小說新人獎短篇推薦獎

1995年 《雙身》 獲聯合報文學獎長篇小說特別獎

1996年 《小冬校園》獲第四屆香港中文文學雙年獎兒童文學組推薦獎 1997年 第一屆 香港藝術發展局文學新秀獎

2005年 《天工開物. 栩栩如真》獲聯合報讀書人最佳書獎文學類、中國時報十大好書中文創作類、亞洲週刊中文十大好書

2006年 《天工開物. 栩栩如真》獲首屆紅樓夢獎評審團獎

2008年 《時間繁史·啞瓷之光》獲第二屆紅樓夢獎評審團獎

2009年 「2008香港藝術發展獎 | 年度最佳藝術家獎 (文學藝術)

2011年 《天工開物. 栩栩如真》獲首屆施耐庵文學獎

2013年 《地圖集》獲美國加州大學頒發的「科幻奇幻翻譯獎 |

(Science Fiction & Fantasy Translation Awards) 長篇小說獎

2014年 獲選為香港書展年度作家

2017年 《心》獲第十屆香港書獎

2018年 《神》獲第十一屆香港書獎

2019年 《愛妻》獲第27屆台北國際書展書展大獎小說類

# Tips to stay Vibrant and Healthy for our next Thirty-Five Years

Dr. Roger Wong

On this momentous celebration of the thirty-fifth anniversary of our high-school graduation, I have decided to put pen to paper to share my thoughts on the most common question that I get asked during many gatherings with schoolmates from our class over the years.

"What can I do to stay vibrant and healthy at my age?"

It turns out that the answer to the above question can be slightly different for every person, depending on the person's baseline health conditions and unique circumstances (for instance, where we live and what we do for work, or the so-called social determinants of health according to the World Health Organization: https://www.who.int/social\_determinants/en/). That said, there are three principles that can help us age in a healthy manner, at least until our next huge anniversary celebration thirty-five years from now. Let us take a deeper dive into these principles.

- 1. Physical activity, or exercise, is important to help us stay vibrant and healthy. There is evidence in the medical literature to show that exercise can help improve health of the heart, lungs, muscle, and interestingly, the brain. I often share with my patients that what is good for the body is also good for the brain. The likely explanation has to do with improving health of blood vessels supplying the body organs. Any form of exercise can be acceptable, although a balance of aerobic training (such as cycling, joggling, swimming) and weight/resistance training is a common approach. Sometimes the type and duration of exercise would need to be personalized as a result of underlying health conditions, such as those living with heart disease or joint arthritis. Nonetheless, the important thing to bear in mind is to build in exercise as part of the daily routine.
- 2. Socialization can help improve mental health and therefore health overall. Recent medical evidence has demonstrated the harmful impact of loneliness on health, with one particular study showing a reduction of life expectancy for up to 8 years among those who experience loneliness most or all of the time. Socialization can help to overcome loneliness. There is a suggestion that group-based activity that requires active participation can be the most helpful in this regard. Class reunions, or simply a few friends getting together for a good time, can provide an excellent opportunity to socialize. Ideally, these gatherings can include some components of physical activity to reap the benefits of both exercise and socialization.

3. Technology is a key enabler of healthy aging. There is a recent survey conducted by The Economist about the Fourth Industrial Revolution, which shows that healthcare is the most likely sector to benefit from the digital era amongst a potpourri of sectors including education, finance, infrastructure, and energy. The time is now to learn how to use apps on smart phones, tablet devices and wearable devices. It is much easier to learn and use new technology in the setting of normal memory and brain function. These apps and devices provide not only a convenience factor for improving health (for instance, medication reminder or accidental fall monitor), but they can also collect real-time data that can predict future health outcomes (such as abnormal heart rhythm) by deploying cloud technology, artificial intelligence and machine learning.

In summary, to stay vibrant and healthy for our next thirty-five years, remember to exercise regularly, socialize with friends and family, and use technology to fill the gaps in between.

And most importantly, happy anniversary to my brothers in the Class of 1984!



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## 編者後記

記得中六時做了校刊的中文版主編。那時編者要寫'編者的話'。所以我也寫了一篇'編者的話'。還記得一個同學之後告訴我,我的'編者的話'很感人。才知道原來真的有人會看'編者的話'的。(你回家也去找那年的校刊出來,看看有沒有同感。)這次不寫'編者的話'了。寫篇'後記'給大家笑話笑話。

今年我們畢業三十五週年。我自告奮勇, 說要做一本紀念冊。

其實我不知道紀念冊應該放些什麼才好,所以我發個WhatsApp,叫大家投稿。然後傅果權說為什麼吃飯還要寫文章。我突然不知所措,看來紀念冊出版不了啦!

苦思了多月,覺得男子漢大丈夫,要說到做到。所以雖然只是'炒埋一碟'的東西,也要弄一本紀念冊出來。

其實回想一下, 我們這段友誼真的不簡單。我的好朋友林浩根, 從小學一年級認識。 認識了46年。我們小時候住在同一條街上。雖然不算是生死之交, 46年後我們還會 一起喝茶吃午飯吹水放屁。真的是不容易。

我畢業之後,有其他的朋友圈子,大學的,工作的,女朋友(們)的,老婆的,一堆一堆的。但是,<u>只有</u>我們喇沙的這堆朋友,我們可以不分背景,不分學歷,不分 行業,不分政見,一見面就是朋友。

我們在一起,就是朋友。我們在一起,就是開心。

因為我們在一起,就像在這本小冊子裏的照片一樣,我們都回到了三四十年前的我們。不論歲月摧殘,我們就是做回我們的:

#### 喇沙仔。84的喇沙仔。

這本小冊子,收集的都是校刊裏和你們提供的一些照片。我希望可以藉著這些照片,挑起你們一些快樂的回憶。

還有我邀請到我們年級的大文豪董啟章和大醫師黃耀明各寫了一篇文章。特別是 Roger的文章,對我們這班老鬼應該很有啟發!

我這個'炒埋一碟'的所謂編輯就說到這裡了。謝謝各個同學提供了照片。還要謝謝的是李紹忠(細史)同學,他不辭勞苦的幫我們設計封面和一些版面。謝謝細史! 最後,最重要當然還要謝謝贊助這本小冊子的謝達峰同學。我就怕他看到這個炒出來的東西'貨不對辦',我該怎麼辦?

謹祝各位同學, 健康快樂!



陳頌銘

#### **School Song**

Boys of courage, boys of daring, Full of manliness and will; Spirits nought for danger caring, Hearts to conquer every ill.

#### Chorus:

We are sons of La Salle everyone, And no matter where we go, High aloft her flag we will hold, And strive that her fame may grow.

There are famous schools in plenty, With their heroes by their score, And they flourish high and mighty, But La Salle is something more. *Chorus:* 

From her lofty station pointing,
To the sky's majestic dome,
She would have us ever minding,
That above is our true home.

Chorus:

Come whatever kind of weather, Come the stormy days along; When the old boys get together, They will always sing this song. *Chorus:*  Autograph